happiness.coach

Happier teams work better. We make it practical.

FOR ORGANISATIONS · OVERVIEW

Research-based programmes that turn the science of happiness into habits people actually use: in meetings, in one-to-ones and in their own working day. Live online or on site, for teams anywhere in the world.

Evidence-based
Every claim sourced and honestly labelled.

Practical
Tools people use the same day.

Measurable
An anonymous pulse check before and after.

Global
English, Italian or Russian, any time zone.

FORMATS AND PRICES

Format	Large (250+)	SME	Public & non-profit
Corporate Happiness Workshop 3 hours, or 2 × 90 minutes · up to 25 people	€2,200	€1,600	€1,200
Happiness at Work Series 3 × 2 hours over 6 weeks, pulse check and short report	€5,200	€3,900	€3,200
Happy Leaders Programme The Series plus individual coaching for 5 managers	€10,500	€8,500	€7,500
Keynotes and offsites 45–90 minute talks, leadership offsites			from €2,500, quoted on request

Prices exclude VAT. Outside the eurozone we can invoice in USD, GBP or AUD at the exchange rate of the invoice date.

Founding clients. Our first five client organisations receive the Workshop at €1,200 for any size of organisation, plus a free 60-minute follow-up session, in exchange for structured feedback and permission to name them as a client.

HOW IT WORKS

1. **Talk.** A 15-minute call about your team, goals and what is already in place.
2. **Tailor.** Examples and exercises adapted to your sector and context.
3. **Deliver.** Live, interactive sessions where everyone takes part.
4. **Follow up.** A toolkit for participants and a debrief with HR or the team leader.

Why it matters: in controlled experiments, people whose happiness was raised were about 12% more productive (Oswald, Proto & Sgroi, *Journal of Labor Economics*, 2015).

DATA AND CARE

- The pulse check collects no names or emails. Results are shown only for groups of five or more, and raw answers are deleted once the report is delivered.
- A data-protection note for your DPO or works council is available on request.
- Educational, not therapy: it complements your employee support.

Led by Elena Davsar, founder of happiness.coach, who has worked with senior leaders and teams in pharmaceutical, automotive and banking organisations since 2010.

NEXT STEP

Fifteen minutes is enough to see which format fits your team.

Book a 15-minute call

happiness.coach/for-organisations

Davsar-Design SRL · VAT 07022240969 · Milan, Italy · November 2026